



Maureen Brennan

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Maureen Brennan is the Clinical Director of the Mental Health and Addictions program at IWK Health. She has over 30 years' experience in the field of mental health and addictions holding numerous clinical and administrative leadership roles across the healthcare system and in the community. Ms. Brennan holds Bachelor's and Master's degrees in Psychology and Social Work from St. Thomas University and Dalhousie University. She has dedicated herself to advancing healthcare systems, advocating for innovative solutions, and fostering environments where excellence thrives. Her leadership philosophy promotes a culture of trust, collaboration, and inspiration, where great ideas are given agency.