

# Navigator Role Differentiation

<b>System Navigator</b> <i>Connecting &amp; Advocacy</i>	<b>Crossover</b>	<b>Parent Navigator</b> <i>Empower/Coach/Leverage Existing Resources</i>
<ul style="list-style-type: none"> <li>• <b>Housing supports</b> - Residential stability</li> <li>• <b>Employment supports</b> - Increase in family income - Work schedule flexibility - Change in career</li> <li>• <b>Financial supports</b> - Advise and assist parents in accessing available federal, provincial and municipal financial assistance and managing family health care related finances</li> <li>• <b>Personal health</b> - Connecting to psychosocial supports that address stress, anxiety, PTSD, depression, etc. - Securing family doctor through CHC's</li> <li>• <b>Education</b> - Assist parents in advocating on behalf of their child's needs at school</li> <li>• <b>Counselling/Support groups</b></li> </ul>	<ul style="list-style-type: none"> <li>• Program Promotion and Outreach</li> <li>• Program Development</li> <li>• Partnership Development</li> <li>• Identifying Gaps/Barriers</li> <li>• Education and Awareness</li>   <li>• <b>Workshops</b></li> <li>• <b>Community supports</b></li> <li>• <b>CHEO/healthcare system knowledge and navigation</b> - Service chart, role clarification, organizing medical information at home</li> <li>• <b>Connection to existing community resources</b> - Creating and maintaining resource inventory</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Peer-to-peer, lived experience support</b> - Sip &amp; Chat, one-on-one, family days/potlucks</li> <li>• <b>Daily Living Knowledge Sharing</b> - Cleaning, groceries/meals, transportation, self-care</li> <li>• <b>Organizational Knowledge Sharing</b> - Scheduling/ time management, budgeting</li> <li>• <b>Establish or widen support networks</b> - Social, spiritual, cultural, recreational</li> </ul>
<b>Parent Directed Support</b>		