



Healthy, vibrant children and youth

From Aspiration to Action

A Message from our CEO and Board Chair

2019 marked the start of a new chapter for our national association. This chapter is defined by a transformative strategy clearly identifying new areas of priority focus - opportunities to influence and shape the health systems that serve Canada's children and youth, novel ways to disseminate innovations and excellence in practice and research, purposeful partnerships to align children's health priorities, and a fresh voice advancing policies to improve children's health and health systems. Of course, this past year also marked the implementation of a brand new identity - Children's Healthcare Canada proudly represents children's health organizations across Canada, and internationally.

As we turned our attention from planning to action, Children's Healthcare Canada has introduced new Value Networks to forge partnerships and collaborations across member organizations on the issues and concerns that matter most to you. Throughout the 43rd federal election, we amplified priorities you identified. We will work to hold government accountable for their commitments - whether a child-friendly national pharmacare strategy, improved access to children's mental health services, or equitable services for rural and remote Indigenous children and youth. We partnered with Dalhousie University to launch Solutions for Kids in Pain (SKIP) a new Networks Centres of Excellence focused on children's pain. We also partnered with families to build the framework for a dynamic new forum to learn from and advance priorities to improve family-centred care in member organizations from coast to coast.

Behind the scenes, Children's Healthcare Canada is building capacity to modernize our knowledge mobilization program to accelerate excellence in children's health. We are co-creating new and innovative regional strategic symposia focused on the most pressing challenges facing children's health. Lastly, we are investing in our governance practices and establishing a solid financial foundation to underpin our organization for years to come.

Thank you for your boundless support as Children's Healthcare Canada executes on our new vision - healthy, vibrant children and youth.

Sincerely,



Emily Gruenwoldt
President & CEO
Children's Healthcare Canada



Dr. Maureen O'Donnell
Chair, Board of Directors
Children's Healthcare Canada



2019 Children's Healthcare Canada Board of Directors

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Dr. Maureen O'Donnell Executive Vice President,
 Clinical Practice, Planning and Partnerships, Provincial
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- Margaret Fullerton Senior Operating Officer, Alberta Children's Hospital - Alberta Health Services

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• Emily Gruenwoldt Children's Healthcare Canada

Members at large (in alphabetical order)

- Dr. Kathryn Bigsby Consultant Paediatrician; Health PEI
- Jacques Boissonneault Administrator; Shriners Hospitals for Children - Canada
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- Dr. Krista Jangaard CEO, IWK Health Centre
- Alison Quigley Vice President, Patient Care Services; Trillium Health Partners
- Margaret Ruddy Associate Director of Nursing, Montreal Children's Hospital and Women's Health Mission, MUHC
- Dr. Lindy Samson Chief of Staff and Chief Medical Officer; CHEO
- Dr. Jackie Schleifer Taylor President, The Children's Hospital, London Health Sciences Centre;
- Judy Van Clieaf Vice-President, Clinical and Chief Nursing Officer,
 The Hospital for Sick Children (SickKids);
- Christine Westerlund Senior Operating Officer; Stollery Children's Hospital
- Scott Wilson Co-Chair, Canadian Family Advisory Network

Children's Healthcare Canada Staff



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& CEO



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Business Development



Ann Watkins
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Marion Williams
Government Relations
Specialist



Logan Green
Executive Assistant



Kerri-Ann Mainville Manager, Member Engagement



Paula Robeson Senior Advisor, Knowledge Mobilization



José Gauthier
Business Support
Specialist

Inform

the development of innovative and integrated health systems

Improving System Integration in Youth Mental Health

Children's Healthcare Canada is aiming to drive improvements in the integration of community-based mental health and human service supports for youth transitioning into the adult health system. The Improving Integrated Care for Youth Initiative is funded by Health Canada and along with Health Standards Organization (HSO) and many national partners a pan-Canadian Learning Collaborative composed of health and human service organizations will be established. Families and youth with lived experience will co-design the integrated care pathways to be used in their local communities.

As part of the initiative, Children's Healthcare Canada is working with an Expert Work Group, and an HSO Technical Committee to develop a standard that will present best practices for the delivery of integrated mental health and addiction services for children and youth between 10-25 years of age.

The Initiative was launched at the 2019 Children's Healthcare Canada Conference by HSO and a youth panel.



Share

evidence and accelerate implementation of high quality child, youth, and family-centered healthcare wherever it is delivered

Value Networks

Building on a strong history of national collaboration, Children's Healthcare Canada has introduced Value Networks designed to "Spark Action". These Value Networks are an exclusive membership benefit and are designed to advance solutions focused on the issues and concerns that matter most to members.

In 2019, Children's Healthcare Canada launched

- One Executive Network
- Three Practice Networks
- Five Child Health Hubs



Executive Network

The Children's Healthcare Canada Executive Network was launched in December 2019. This invitational forum congregates the most senior executive leaders in children's health.

The Executive Network is designed to provide a safe space for thoughtful conversation and debate amongst the most senior leaders in child health. This value network will facilitate timely and confidential discussions on member generated issues, inform and influence the development of innovative and integrated health systems, and advise Children's Healthcare Canada on key health system priorities.



Practice Networks

Practice Networks create a dynamic network of subject matter experts across the country focused on advancing solutions for specific patient populations. These Networks contribute to Children's Healthcare Canada's education curriculum, inform policy and advocacy efforts, identify gaps in national data, and help to prioritize research agendas.

To become involved in a Practice Network please contact Lisa at Istromquist@childhealthcan.ca

In 2019 Three Practice Networks Were Established:

- Child & Youth Mental Health
- 2 Family Network
- Transitions for Children and Youth with Medical Complexity



Child Health Hubs

Child Health Hubs are self directed and connect individuals from member-organizations with "like" peers from coast to coast to share information, ask questions, and exchange resources related to their position or role in their organization.

Hub members drive the agenda for their own meetings, provide updates or presentations to describe their own environment, and discuss challenges and solutions to common pediatric issues. Two of our Hubs took the opportunity to meet in person at the Children's Health Care Canada Conference in December.

To become involved in a Child Health Hub please contact Lisa at lstromquist@childhealthcan.ca

In 2019 Five Child Health Hubs Were Established:

- Choosing Wisely and Resource Stewardship in Pediatrics
- Clinical Genetics and Genomics in the Era of Precision Health
- Pediatric Inpatient Research Network
- Pediatric Intensive Care Unit: Data Sharing and Quality Improvement
- Transition to Adulthood

Spark!

The Children's Healthcare Canada Spark:Live webinar program continues to be the Association's most visible knowledge mobilization platform, serving over 4,000 members and child health stakeholders per year. The Spark:Conversations blog and newsletter subscriber base continues to grow with an email reach of over 8,000 individuals in Canada and beyond.

In 2019, Children's Healthcare Canada identified the 43rd federal election as an opportunity to elevate and amplify children's healthcare priorities. A four-part webinar series was developed to engage members in the election, drawing attention to three key policy issues impacting children - (1) mental health, substance use & addiction disorders, (2) health equity for indigenous children and youth, and (3) safer medications for children. Over 500 members and stakeholders participated in the webinar series alone.

34 Spark: Live webinars in 2019

4,200 Registrants for Spark:Live webinars

8,000 Subscribers to our weekly Spark: Conversations newsletter



2019 Children's Healthcare Canada Conference

Connecting Health Systems for Kids

This year, Children's Healthcare Canada and conference co-host CHEO welcomed **over 400 members and guests** to Ottawa, Ontario for the 2019 Annual Conference. Emcees André Picard and Dr. Christine Chambers moderated plenaries and panel sessions focused on the theme of "Connecting Health Systems for Kids." Highlights of the 2019 event included an expanded poster fair, a tour of the new Senate of Canada building, CHEO hospital tours, and participation of elected and appointed members of Parliament.

The 2019 Conference was proud to be recognized for a second year as a Patients Included event and through the support of our 2019 Patient and Family Grant Sponsors, fifteen Patient and/or Family Members were funded to bring their voices and experiences to the Conference.



The success of the 2019 Conference would not have been possible without the support of CHEO, the planning committees, the Board of Directors, and conference sponsors.



Canada is a world leader in children's pain research... but this knowledge isn't being put into practice.

Pain in childhood is pervasive. More than 60% of hospitalized children experience undertreated and preventable pain; and 1 in 5 children and youth develop chronic pain, including pain that persists after surgery. Despite exponential growth in scientific research and clinical efforts to improve pain in childhood over the past 40 years, most Canadian children still cannot and do not receive adequate pain care. Poorly managed pain, especially early in life, has a negative impact on children's brains and bodies. They are at risk of experiencing more pain as adults, avoiding necessary healthcare like vaccinations, and developing more complex problems with pain and addiction. When evidence-based methods aren't used, the risks go up.







To bridge the gap between current treatment practices and available evidence-based solutions for children's pain in Canadian health institutions, Solutions for Kids in Pain (SKIP) was launched on April 18, 2019. SKIP is a newly formed knowledge mobilization network based at Dalhousie University and co-led by Children's Healthcare Canada, funded through the Networks of Centres of Excellence program. SKIP aims to bridge the gap between current treatment practices and available evidence-based solutions for children's pain in Canadian healthcare institutions.

This exciting initiative involves four regional hubs (Edmonton, Toronto, Ottawa, and Halifax), each with a SKIP knowledge broker to support each region's efforts in improving pain management for children, and more than 100 partners to transform pain management for Canadian children.

Learn More:

@KidsInPain

www.kidsinpain.ca



Unite

strategic partners to foster excellence in children's health

Purposeful Partnerships

2019 marked a very fruitful year for Children's Healthcare Canada in regards to creating and taking advantage of strategic partnership opportunities.



International Day of the Child, a Hill Day, and polling on public perceptions of child health and well being in Canada, were part of the work accomplished with **Children First Canada**.

In December, the *Improving Integrated Care* for Youth Initiative was launched with **Health Standards Organization (HSO)** to improve integration of mental health services for youth.





The 2019 Child Health Summit brought together the Canadian Paediatric Society, MICYRN, Pediatric Chairs of Canada and Children's Healthcare Canada to discuss issues and solutions around pharmaceuticals for children.

In partnership with SKIP, the **Canadian Foundation for Health Improvement** presented an engaging and inspiring workshop focused on improving pain management in care settings at the 2019 Children's Healthcare Canada Annual Conference.

Children's Healthcare Australasia, the European Children's Hospital Organization, the Children's Hospital Association and Children's Healthcare Canada released a joint statement urging the international community to prioritize investments in child health.







Children's Santé
Healthcare des enfants
Canada Canada





Advocate

to improve children's health and health systems

Informing health policy solutions for children

2019 marked a unique opportunity for Children's Healthcare Canada to identify and amplify healthcare and health system priorities impacting children.

In lead up to the 43rd federal election, Children's Healthcare Canada worked with members to identify three policy priorities in relation to children's mental health, indigenous children's health and accessibility of safe medications for children. Staff met with Members of Parliament, Senators and federal policy teams in an effort to inform the development of election platforms and "Get Kids Back on the Radar".



Informing health policy solutions for children

In December 2019, Children's Healthcare Canada was invited to meet the newly appointed Federal Minister of Health Patty Hajdu, alongside two members from her local riding. We look forward to working with Minister Hajdu and her colleagues over the course of their term in government.

Post election, Children's Healthcare Canada members will be critical partners as the new government advances an agenda which includes a national pharmacare strategy, access to safe medications, standards for access to mental health, substance use and addiction services, health equity for indigenous peoples, an autism strategy, pediatric cancer research, and a pan-Canadian concussion strategy.





2019 Financial Reporting

Children's Healthcare Canada

Statement of Financial Position - August 31, 2019

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Current Assets \$432.350

Property, plant and equipment \$139.678

Total Assets: \$572,028

Liabilities & Net Assets

Current Liabilities \$213.968

Deferred capital contributions \$62.485

Deferred lease inducement \$20.039

Net Assets \$275,536

Total Liabilities & Net Assets \$572.028

Revenue

Membership fees CPDSN revenue Conference registration Conference sponsorship Keystone and KT partners PRRS and other revenue Amortization of deferred capital contributions Other revenue	\$152,615 \$224,156 \$205,177 \$380,000 \$143,833 \$10,414 \$136,641
Total Revenue	\$136,641 \$1,252,836

Expenses

Board Meeting CPDSN expenses Conference expenses Insurance Operating expenses PRRS and other expenses Professional fees Rent and occupancy costs Salaries and benefits Travel	\$18,635 \$4,156 \$296,637 \$5,267 \$140,620 \$7,940 \$15,161 \$42,498 \$733,125 \$18,035
Travel Total Expenses	\$18,035 \$1,282,074

(\$29.238)

Excess (deficiency) of revenue over expenses

Contact Us

Want to learn more about Children's Healthcare Canada, our programs, and how to get involved? Contact Us!

In Person



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613-738-4164

Or Online

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